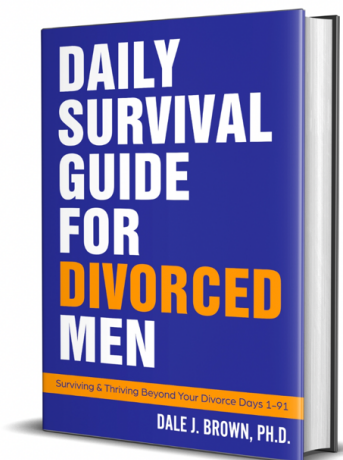


Daily Survival Guide for Divorced Men: Surviving & Thriving Beyond Your Divorce

by Dale J. Brown, Ph.D.



I get two to four requests a day for a book endorsement and I must refuse most of them, but everywhere I open this book there is wisdom--and hard-won wisdom--plus the need is so urgent and so widespread! So I want to go on record in support of Dale Brown's fine book. I know its truth from years of working with men.

— **Richard Rohr**

Dr. Brown has written a book that challenges, inspires, and comforts men who have experienced divorce--and other losses--and are confronting the pain of it. He has experienced the deep pain of divorce himself and he writes out of the wellspring of experience. This devotional speaks directly to wounded men and walks with them on a daily journey to healing, wholeness, and forgiveness."

— **Dr. Everett L. Worthington, Jr.**, author of *Forgiving and Reconciling: Bridges to Wholeness*

WHO SHOULD HAVE THIS BOOK:

- Men struggling through divorce
- Friends and family of men going through divorce (to give to men)
- Counselors, Therapists and Pastors working with divorced men
- Lawyers to give to clients

Author: Dale J Brown Ph.D.

Category: Divorce Recovery

Print ISBN: 9781726694339: \$14.99

eBook ISBN: 9781732319400: \$9.99

Page Length: 380 pages

Publication Date: October 2018

Publisher: Beat Dog Press



Dale's new book, *The Daily Survival Guide for Divorced Men*, is a 91-day devotional guide packed with wisdom, encouragement, practical advice and effective coping strategies for men hurting from divorce. Combining the wisdom of 35 years of pastoral ministry with wit, humor and a few personal stories, Dale takes his readers from the pit of despair to a place of hope and healing.

Topics include

- The Stages of Divorce
- Fail Forward, But not Flat on Your Face
- Pain and What to Do With It
- Handling Expectations
- Suicide and Homicide Risk Assessment
- Regaining Your Courage, Health, etc.
- Embracing God's Acceptance
- Understanding People's Reaction to Divorce
- Balancing Fault and Responsibility
- Dealing with Addictions

A man's pain is experienced and expressed in unique ways. *The Daily Survival Guide for Divorced Men* takes men's distinctive journeys into account, offering a balance of empathy, understanding, encouragement, inspiration and aspiration to move forward.

A longtime pastor, speaker and teacher, mentor and coach, Dale has been a community leader for over 30 years. Dale has pastored six churches in Texas and New England, traveled and taught overseas and led Men's Retreats and Conferences. He has taught in numerous prisons and been a chaplain in the hospice, hospital and first responder settings.

He holds a B.S. from the University of Texas and the M.Div. and Ph.D. degrees from Southwestern Baptist Theological Seminary.

www.mensdivorcerecovery.org

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